



breckpoint®  
LEAD TOGETHER



# Enrollment Guide

## SELF-FUNDED MEDICAL & SUPPLEMENTAL BENEFITS

**Employer Name:** Kinetic Personnel Group, Inc.

**Plan Period:** 01/01/2024 - 12/31/2024

**Group Number:** C002625

Disponible en Español, favor de comunicarse; 1.844.657.1575



# WELCOME TO YOUR

## MEDICAL & SUPPLEMENTAL BENEFITS GUIDE

To ensure you and your family have access to quality health coverage solutions, your employer has chosen to offer an eligible employer-sponsored health plan made available through the Breckpoint platform.

Custom-designed around the unique health and wellness needs of its employees, your new benefits plan provides a variety of valuable coverage options.

You can choose to enroll in the plan or to decline coverage. To help you consider your options and make the best-informed decision, this guide provides an overview of the benefits being offered. Additional information about these benefits and a Summary of Benefits Coverage (SBC) can be found at [breckpoint.linked.exchange](https://breckpoint.linked.exchange). A paper copy of the SBC is also available, free of charge, by calling (toll-free) 1.844.657.1575. To file and check the status of your claim please visit our Claims Portal at [portal.breckpoint.com](https://portal.breckpoint.com) or by calling our customer service representative at 1.844.657.1575.

Visit the Breckpoint Benefit Coverage Tool at [breckpoint.com/benefits-bct.php](https://breckpoint.com/benefits-bct.php) to be informed of what services are covered and the copay if applicable, according to your plan.

**IMPORTANT:** *You may be required to make an election to enroll or decline coverage during your enrollment period. You may also be subject to a waiting period before your coverage can begin.*

### YOU HAVE 3 DIFFERENT WAYS YOU CAN MAKE YOUR ELECTIONS.

#### 1 GO ONLINE

**Visit:** [breckpoint.linked.exchange](https://breckpoint.linked.exchange)

Click Register and set up your account using your group ID number, social security number, and date of birth. Review your options & choose your coverage.

#### 2 GIVE US A CALL

Call our Information Center and one of our knowledgeable representatives will help you. Available Monday through Friday 7:00 am – 4:00 pm PST at 1.844.657.1575. Representantes que hablan inglés y español están disponibles.

#### 3 SEE YOUR HR DEPARTMENT

Please contact your HR department for instructions on how to enroll into your benefits.



# LIMITED-BENEFIT PLAN

Limited-Benefit plans are medical plans with more restricted benefits than major medical insurance, but with lower premiums.



## DO I USE THIS PLAN LIKE ANY INSURANCE?

Yes! You'll have a Member ID card that you'll use the same way you would with other plans. See the helpful tips below.



## WHAT IS OPEN ACCESS?

Breckpoint will not deny claims based on network participation. We will consider all claims for payment according to your plan specification. Your provider must agree to bill Breckpoint directly for services rendered.



## MAKING AN APPOINTMENT

### HAVE YOUR ID CARD READY!

It's important that you give your provider current insurance information. Your ID card will provide all the needed information required by a provider! Don't have one? Contact Member Services to receive a copy directly: 1-844-657-1575. (Mon-Fri 7am-4pm PST)

### WHAT DO I SAY TO MY PROVIDER?

*"I have a limited benefit plan with "Open Access". Breckpoint is my plan administrator, please contact them to verify my coverage at 1-844-657-1575."*



## STILL NEED HELP?

### WHAT IF MY PROVIDER SAYS THEY WILL NOT ACCEPT MY INSURANCE?

Please contact AXA's concierge service at **1-866-762-4455** or [mecsupport@valenzhealth.com](mailto:mecsupport@valenzhealth.com). AXA will provide assistance with contacting the provider as well as providing other providers who will accept your benefits.

## ALL YOUR HELPFUL CONTACTS ARE LISTED ON THE BACK OF YOUR ID CARD.

### MEMBER SERVICES:

Call this number if you have questions about your plan or need an ID card. Providers can call this number to verify your coverage before an appointment.

### PHARMACY HELPLINE:

You or your pharmacist can call this number and connect directly to your RX Discount program for assistance with your prescription needs. They can help you secure the best available discount.

### PROVIDER LOCATOR ASSISTANCE:

Call this number if you need help finding a new provider; they can give you a personal directory.

# COVERED SERVICES

## FOR ALL MEDICAL PLANS

### Preventative Health Services

#### FOR ADULTS

- Abdominal Aortic Aneurysm One-Time Screening (Men 65-75 who have ever smoked)
- Aspirin Use to Prevent Cardiovascular Disease
- Blood Pressure Screening
- Cholesterol Screening (Adults of certain ages or at a higher risk)
- Colorectal Cancer Screening (Adults over 45-75)
- Depression Screening
- Diabetes (Type 2) Screening
- Fall Prevention Intervention (Adults over 65 at a higher risk)
- Healthy Diet Counseling
- Hepatitis B Screening
- Hepatitis C Screening
- HIV Pre-Exposure Medication
- HIV Screening
- Immunization Vaccines
- Lung Cancer Screening (Adults 50-80)
- Obesity Screening and Counseling
- Sexually Transmitted Infections Counseling
- Skin Cancer Behavioral Counseling (Adults up to 24 years)
- Statin Preventative Medication (Adults aged 40 to 75 years who have 1 or more cardiovascular risk factors)
- Syphilis screening
- Tobacco Use Screening and Counseling
- Tuberculosis Screening
- Unhealthy Alcohol & Drug Use Screening and Counseling
- Vitamin D Supplementation
- COVID-19 Testing (Swab Only) (One per plan year per member)

#### FOR WOMEN

- Bacteriuria Screening (Pregnant women)
- Breast Cancer Chemoprevention Counseling
- Breast Cancer Genetic Test Counseling (BRCA)
- Breast Cancer Mammography Screenings (Once a year for women over 40. Complex imaging not covered)
- Breast Cancer Preventative Medication
- Breastfeeding Support and Counseling
- Cervical Cancer Screening (Adults 21-65)
- Chlamydia Infection Screening
- Contraception (Food and Drug Administration approved contraceptive methods, sterilization procedures, and patient education and counseling)
- Domestic Violence Screening and Counseling
- Folic Acid Supplements
- Screening for Diabetes in Pregnancy (Women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes)
- Screening for Diabetes in Pregnancy
- Gonorrhea Screening
- Hepatitis B Screening
- HIV Screening
- Immunization Vaccines
- Osteoporosis Screening (Woman 65 year and older and postmenopausal women younger than 65 years at increased risk of osteoporosis)
- Perinatal Depression Screening
- Preeclampsia Screening & Preventative Medication
- Rh Incompatibility Screening
- Syphilis screening
- Tobacco Use Counseling
- Vitamin D Supplementation

#### FOR CHILDREN

- Major Depressive Disorder (MDD) Screening (Adolescents age 12-18)
- Fluoride Chemoprevention Supplements (Infants & children up to age 5 years)
- Gonorrhea Prophylactic Medication (Newborns)
- Hemoglobinopathies or Sickle Cell Screening (Newborns)
- HIV Screening
- Hypothyroidism Screening (Newborns)
- Immunization Vaccines
- Obesity Screening and Counseling
- Ocular Prophylaxis for Gonococcal Ophthalmia Neonatorum (Newborns)
- Phenylketonuria (PKU) Screening
- Prevention Skin Cancer Behavioral Counseling
- Sexually Transmitted Infections
- Tobacco Use Interventions
- Visual Acuity Screening (Children ages 3 to 5 years)

Please note this is not an exhaustive list of covered preventive services. For the most current, complete list please visit <https://www.uspreventiveservicestaskforce.org/uspstf/recommendation-topics/uspstf-a-and-b-recommendations>

#### ACA COVERED MEDICATIONS

95 common medications included at no cost! Medications such as:

- Aspirin
- Bowel Preparation
- Breast Cancer Prevention
- Contraceptives
- Fluoride Supplements
- Folic Acid
- Statins
- Tobacco Cessation
- Vitamin Supplements
- See the full list at [breckpointrx.com](https://breckpointrx.com)





## MINIMUM ESSENTIAL COVERAGE (MEC) PLAN

### THIS PLAN INCLUDES:

Minimum Essential Coverage	✓
Network	<b>AXA Open Access</b>
Out of Network Coverage	N/A
Individual Medical Deductible/Out-of-Pocket Limit	\$0/None
Family Medical Deductible/Out-of-Pocket Limit	\$0/None
Individual/Family Pharmacy Out-of-Pocket Limit	\$5,000/\$10,000
Preventive & Wellness Covered with no out-of-pocket expenses.	100%
Physician and Office Utilizations	Preventative Only
Primary Care Visit	Not Included
Specialist Visit	Not Included
Urgent Care Visit	Not Included
Maternity Pre/Post Natal	Not Included
Mental/Behavioral Health	Not Included
X-Rays & Lab	Preventative Only
Imaging	Preventative Only
Emergency Room	Not Included
Emergency Transport	Not Included
Outpatient/In-Patient Services Hospital Admission	Not Included
ACA Drug Formulary	Included
Enhanced Rx Discount Program (Powered by Shield PBM)	Included
Acute Drug Formulary (Shield PBM)	Included
Virtual Urgent Care (Powered by Walmart Health)	Included

### PLAN HIGHLIGHTS

- Covers preventive and wellness services at no cost including: Annual Wellness Exam, Immunizations, and STI Screenings.
- This plan has an Open Network provided by AXA Assistance USA. Choose your own provider without the limitations of Network Restrictions.**
- No waiting periods.
- Enhanced Rx Program featuring deeply discounted medications. (Powered by Shield PBM, see additional plan features)
- Acute Drug Formulary includes 37 medications (Powered by Shield PBM, see additional plan features)
- Included 24/7 Virtual Urgent Care. (Powered by Walmart Health see additional plan features)

### PRICING

Employee Only

Employee +Child(ren)

Employee + Spouse

Employee + Family

\$61.00

\$90.30

\$92.70

\$122.00

# MEC PLAN BENEFIT SPECIFICATION

Plan Features	Network Care	Out-Of-Network Care
Primary Care Physician Selection	Not required	Not applicable
Deductible (per plan year)	\$0 Individual \$0 Family	Not applicable
Member Coinsurance (applies to all expenses unless otherwise stated)	0%	Not applicable
Medical Out-of-Pocket (OOP) Maximum (per plan year, includes deductible)	Not applicable	Not applicable
Pharmacy Out-of-Pocket (OOP) Maximum	\$5,000 Individual \$10,000 Family	Not applicable
All covered expenses accumulate separately toward the network and out-of-network OOP limit. Pharmacy co-payment expenses apply towards the OOP limit. Only those OOP expenses resulting from the application of coinsurance percentage, deductibles, and co-pays may be used to satisfy the OOP maximum. Once the family payment limit is met, all family members will be considered as having met their payment limit for the remainder of the plan year.		
Payment for Out-of-Network Care	Not applicable	Not applicable
Referral Requirement	Not required	Not applicable
Physician Services	Network Care	Out-Of-Network Care
Virtual Urgent Care Powered by Walmart Health	Included	Not applicable
Office Visits to Non-Specialist	Not covered	Not applicable
Specialist Office Visits	Not covered	Not applicable
Prenatal Maternity and Post-Partum Care (Office Visit)	Not covered	Not applicable
Maternity - Delivery	Not covered	Not applicable
Preventive Care	Network Care	Out-Of-Network Care
Preventive care services are covered in accordance with Health Care Reform. Services subject to change as guidelines are revised.		
<b>Routine Adult Physical Exams and Immunizations</b> Includes routine tests and related lab fees. Limited to 1 exam every 12 months.	Included	Not applicable
<b>Well Child Exams and Immunizations</b> Limited to 1 exam every 12 months. Immunizations will be subject to age and developmentally appropriate frequency limitations determined by ACIP.	Included	Not applicable
<b>Routine Gynecological Exams</b> Includes routine tests and related lab fees. Limited to 1 exam every 12 months.	Included	Not applicable
<b>Routine Mammograms</b> For covered females age 40 and over. Limited to 1 exam every 12 months. Complex imaging not covered.	Included	Not applicable
<b>Women's Health</b> Includes: Screening for gestational diabetes, HPV, counseling for sexually transmitted infections, counseling and screening for HIV, screening and counseling for interpersonal and domestic violence, breastfeeding support, supplies, and counseling. Contraceptive methods, patient education and counseling. Limitations may apply.	Included	Not applicable
<b>Colorectal Cancer Screening</b> For all members age 45 and over. Limited to 1 exam every 12 months.	Included	Not applicable
<b>Routine Eye Exams (Refraction)</b> For covered children age 3 to 5. Coverage is limited to 1 exam every 12 months.	Included	Not applicable
<b>Voluntary Sterilization - Tubal Ligation</b> Covered as a preventive care service in accordance with Health Care Reform.	Included	Not applicable
<b>COVID-19 Testing</b> Swab only. Limited to 1 exam every 12 months.	Included	Not applicable
Diagnostic Procedures	Network Care	Out-Of-Network Care
Outpatient Diagnostic Laboratory	Not covered	Not applicable
Outpatient Diagnostic X-ray (except for complex imaging services)	Not covered	Not applicable
Outpatient Diagnostic X-ray for Complex Imaging Services (Including, but not limited to, MRI, MRA, PET, and CT Scans)	Not covered	Not applicable

# MEC PLAN BENEFIT SPECIFICATION

*continued*

Emergency Medical Care	Network Care	Out-Of-Network Care
Urgent Care Provider	Not covered	Not applicable
Emergency Room	Not covered	Not applicable
Emergency Ambulance	Not covered	Not applicable
Other Services and Plan Details	Network Care	Out-Of-Network Care
Hospital Care	Not covered	Not applicable
Mental Health and Alcohol/Drug Abuse Services	Not covered	Not applicable
Skilled Nursing Facility	Not covered	Not applicable
Therapy and Rehabilitation Services	Not covered	Not applicable
Durable Medical Equipment	Not covered	Not applicable
Mouth, Jaws, and Teeth Oral surgery procedures, medical in nature	Not covered	Not applicable
Family Planning	Not covered	Not applicable
Pharmacy – Prescription Drug and Discount Benefits	Powered by Shield PBM	Access & Discounts Available
Retail (Up to a 30-day supply)		
Preventative Drugs	Included	
Generic Drugs	Discounts Available	
Preferred Brand Drugs	Discounts Available	
Non-Preferred Brand Drugs	Discounts Available	
Specialty Drugs (Up to a 30-day supply) Includes self-injectable, infused and oral specialty drugs, excludes insulin	International & prescription assistance options - call customer care for additional information	
Mail Order Delivery (for your refills for up to a 31-90 day supply)		
Generic Drugs	Discounts Available	
Preferred Brand Drugs	Discounts Available	
Non-Preferred Brand Drugs	Discounts Available	

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\*\*Utilization is the use of services by persons for the purpose of preventing and curing health problems, promoting maintenance of health and well-being, or obtaining information about one's health status and prognosis. Examples of Utilization are the number of office visits a person makes per year, the number of prescription drugs taken, or the number of testing a person receives by a provider.

Claims Portal: To register and view your claims status please go to [portal.breckpoint.com](https://portal.breckpoint.com)

**Pharmacy Plan includes:** Contraceptive drugs and devices obtainable from a pharmacy. Formulary generic FDA-approved women's contraceptives covered 100% in network. Not all drugs are covered.

**What's Not Covered:** This plan does not cover all health care expenses and includes exclusions and limitations. Members should refer to their plan documents to determine which health care services are covered and to what extent. The following is a partial list of services and supplies that are generally not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

All medical or hospital services not specifically covered in, or which are limited or excluded in the plan documents; Charges related to any eye surgery mainly to correct refractive errors; cosmetic surgery, including breast reduction; custodial care; dental care and x-rays; donor egg retrieval; experimental and investigational procedures; hearing aids; immunizations for travel or work; infertility services, including, but not limited to, artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents; nonmedically necessary

services or supplies; orthotics; over-the-counter medications and supplies; reversal of sterilization; services for the treatment of sexual dysfunction or inadequacies, including therapy, supplies, or counseling; and special duty nursing. Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including morbid obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

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## THIS PLAN INCLUDES:

Minimum Essential Coverage	✓
Network	<b>AXA Open Access</b>
Out of Network Coverage	N/A
Individual Medical Deductible/Out-of-Pocket Limit	\$0/\$400
Family Medical Deductible/Out-of-Pocket Limit	\$0/\$800
Individual/Family Pharmacy Out-of-Pocket Limit	\$5,000/\$10,000
Preventive & Wellness Covered with no out-of-pocket expenses.	100%
Physician and Office Utilizations	8 Utilizations per year(UPY)
Primary Care Visit	\$25 co-pay
Specialist Visit	\$35 co-pay
Urgent Care Visit	\$50 co-pay
Maternity Pre/Post Natal	Not Included
Mental/Behavioral Health	Not Included
X-Rays & Lab	Preventative Only
Imaging	Preventative Only
Emergency Room	Not Included
Emergency Transport	Not Included
Outpatient/In-Patient Services Hospital Admission	Not Included
Rideshare Transport Allows reimbursement for any rideshare transportation to and from medical treatments and appointments	\$150 max/year
ACA Drug Formulary	Included
Enhanced Rx Discount Program (Powered by Shield PBM)	Included
Acute Drug Formulary (Powered by Shield PBM)	Included
Virtual Urgent Care (Powered by Walmart Health)	Included

## PLAN HIGHLIGHTS

- Covers preventive and wellness services at no cost including: Annual Wellness Exam, Immunizations, and STI Screenings.
- This plan has an Open Network provided by AXA Assistance USA. Choose your own provider without the limitations of Network Restrictions.**
- Affordable doctor visits & Urgent Care co-pays.
- Enhanced Rx Program featuring deeply discounted medications. (Powered by Shield PBM, see additional plan features)
- Acute Drug Formulary includes 37 medications (Powered by Shield PBM, see additional plan features)
- Included 24/7 Virtual Urgent Care. (Powered by Walmart Health, see additional plan features)
- Need a ride to the doc? Rideshare benefit included!

## PRICING

Employee Only

Employee +Child(ren)

Employee + Spouse

Employee + Family

\$67.00

\$109.10

\$117.90

\$160.00



# PRO PLAN BENEFIT SPECIFICATION

Plan Features	Network Care	Out-Of-Network Care
Primary Care Physician Selection	Not required	Not applicable
Deductible (per plan year)	\$0 Individual \$0 Family	Not applicable
Member Coinsurance (applies to all expenses unless otherwise stated)	0%	Not applicable
Medical Out-of-Pocket (OOP) Maximum (per plan year, includes deductible)	\$400 Individual \$800 Family	Not applicable
Pharmacy Out-of-Pocket (OOP) Maximum	\$5,000 Individual \$10,000 Family	Not applicable
All covered expenses accumulate separately toward the network and out-of-network OOP limit. Pharmacy co-payment expenses apply towards the OOP limit. Only those OOP expenses resulting from the application of coinsurance percentage, deductibles, and co-pays may be used to satisfy the OOP maximum. Once the family payment limit is met, all family members will be considered as having met their payment limit for the remainder of the plan year.		
Payment for Out-of-Network Care	Not applicable	Not applicable
Referral Requirement	Not required	Not applicable
Physician Services	Network Care	Out-Of-Network Care
Virtual Urgent Care Powered by Walmart Health	Included	Not applicable
Office Visits to Non-Specialist Limit of 8 utilizations** combined with non-specialists, specialists, and urgent care.	\$25 co-payment	Not applicable
Includes services of an internist, general physician, family practitioner or pediatrician for diagnosis and treatment of an illness or injury.		
Specialist Office Visits Limit of 8 utilizations** combined with non-specialists, specialists, and urgent care	\$35 co-payment	Not applicable
Prenatal Maternity and Post-Partum Care (office visit)	Not covered	Not applicable
Maternity - Delivery	Not covered	Not applicable
Preventive Care	Network Care	Out-Of-Network Care
Preventive care services are covered in accordance with Health Care Reform. Services subject to change as guidelines are revised.		
Routine Adult Physical Exams and Immunizations Includes routine tests and related lab fees. Limited to 1 exam every 12 months.	Included	Not applicable
Well Child Exams and Immunizations Limited to 1 exam every 12 months. Immunizations will be subject to age and developmentally appropriate frequency limitations determined by ACIP.	Included	Not applicable
Routine Gynecological Exams Includes routine tests and related lab fees. Limited to 1 exam every 12 months.	Included	Not applicable
Routine Mammograms For covered females age 40 and over. Limited to 1 exam every 12 months. Complex imaging not covered.	Included	Not applicable
Women's Health Includes: Screening for gestational diabetes, HPV, counseling for sexually transmitted infections, counseling and screening for HIV, screening and counseling for interpersonal and domestic violence, breastfeeding support, supplies, and counseling. Contraceptive methods, patient education and counseling. Limitations may apply.	Included	Not applicable
Colorectal Cancer Screening For all members age 45 and over. Limited to 1 exam every 12 months.	Included	Not applicable
Routine Eye Exams (Refraction) For covered children age 3 to 5. Coverage is limited to 1 exam every 12 months.	Included	Not applicable
Voluntary Sterilization - Tubal Ligation Covered as a preventive care service in accordance with Health Care Reform.	Included	Not applicable
COVID-19 Testing Swab only. Limited to 1 exam every 12 months.	Included	Not applicable

# PRO PLAN BENEFIT SPECIFICATION

continued

Diagnostic Procedures	Network Care	Out-Of-Network Care
Outpatient Diagnostic Laboratory	Not covered	Not applicable
Outpatient Diagnostic X-ray (except for complex imaging services)	Not covered	Not applicable
Outpatient Diagnostic X-ray for Complex Imaging Services (Including, but not limited to, MRI, MRA, PET, and CT Scans)	Not covered	Not applicable
Emergency Medical Care	Network Care	Out-Of-Network Care
Urgent Care Provider Limit of 8 utilizations** combined with non-specialists, specialists, and urgent care.	\$50 co-payment	Not covered
Emergency Room	Not covered	Not applicable
Emergency Ambulance	Not covered	Not applicable
Non-Emergency Ambulance	Not covered	Not applicable
Other Services and Plan Details	Network Care	Out-Of-Network Care
Hospital Care	Not covered	Not applicable
Mental Health and Alcohol/Drug Abuse Services (other than office visit)	Not covered	Not applicable
Skilled Nursing Facility	Not covered	Not applicable
Therapy and Rehabilitation Services	Not covered	Not applicable
Durable Medical Equipment	Not covered	Not applicable
Mouth, Jaws, and Teeth Oral surgery procedures, medical in nature	Not covered	Not applicable
Family Planning	Not covered	Not applicable
Pharmacy – Prescription Drug and Discount Benefits	Powered by Shield PBM	
Access & Discounts Available		
Retail (Up to a 30-day supply)		
Preventative Drugs	Included	
Generic Drugs	Discounts Available	
Preferred Brand Drugs	Discounts Available	
Non-Preferred Brand Drugs	Discounts Available	
Specialty Drugs (Up to a 30-day supply) Includes self-injectable, infused and oral specialty drugs, excludes insulin	International & prescription assistance options - call customer care for additional information	
Mail Order Delivery (for your refills for up to a 31-90 day supply)		
Generic Drugs	Discounts Available	
Preferred Brand Drugs	Discounts Available	
Non-Preferred Brand Drugs	Discounts Available	

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over-the-counter medications and supplies; reversal of sterilization; services for the treatment of sexual dysfunction or inadequacies, including therapy, supplies, or counseling; and special duty nursing. Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including morbid obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

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## INCLUDED IN THE MEC AND PRO PLANS



# MENTAL HEALTH TELETHERAPY

powered by  **Virtual Care**

## FEEL LIKE YOURSELF AGAIN

Employees have **free access** to online therapy service with Walmart Health. You can schedule up to 5 live 50-minute video or phone sessions per month, from wherever you're most comfortable.  
(Services offered for anyone 18+)

## WHAT WE TREAT

- **Addiction**
- **Anxiety**
- **Depression**
- **Divorce**
- **Eating Disorders**
- **Grief/Loss**
- **Mood Swings**
- **Panic Attacks**
- **Relationships**
- **And more!**

# SPEAK TO A THERAPIST FOR FREE

## 1 SET UP YOUR ACCOUNT

Visit [www.MeMD.me/group/breckpoint](http://www.MeMD.me/group/breckpoint) to set up your account, using dedicated **Plan Code RFTG638D**. Then fill out a brief medical history.

## 2 PERSONALIZE YOUR VISIT

- Review therapist bios (including licensure, training and areas of expertise) and pick the Walmart Health therapist who will be the best fit for you.
- Choose a preferred date and time to meet that fits your schedule.
- Decide if you'd like to speak by phone or video.

## 3 GET THE SUPPORT YOU NEED

- Meet with your chosen therapist and start making progress
- Jointly develop a treatment plan to address your specific needs with mutually agreed upon goals. This may include short-term counseling, long-term therapy, or something in between.
- Schedule follow-up visits with your selected therapist. (Scheduling is available 24/7 with up to 5 visits per month included)

# PREFERRED PLAN

## THIS PLAN INCLUDES:

Minimum Essential Coverage	✓
Network	<b>AXA Open Access</b>
Out of Network Coverage	N/A
Individual Medical Deductible/Out-of-Pocket Limit	\$0/\$725
Family Medical Deductible/Out-of-Pocket Limit	\$0/\$1,450
Individual/Family Pharmacy Out-of-Pocket Limit	\$5,000/\$10,000
Preventive & Wellness Covered with no out-of-pocket expenses.	100%
Physician and Office Utilizations	10 Utilizations per year(UPY)
Primary Care Visit	\$25 co-pay
Specialist Visit	\$35 co-pay
Urgent Care Visit	\$50 co-pay
Maternity Pre/Post Natal	\$25 co-pay
Mental/Behavioral Health	\$25 co-pay
X-Rays & Lab (2 Utilizations per year)	\$75 co-pay
Imaging (1 Utilizations per year)	\$75 co-pay
Emergency Room	Not Included
Emergency Transport	Not Included
Outpatient/In-Patient Services Hospital Admission	Not Included
Rideshare Transport Allows reimbursement for any rideshare transportation to and from medical treatments and appointments	\$150 max/year
ACA Drug Formulary	Included
Enhanced Rx Discount Program (Powered by Shield PBM)	Included
Acute Drug Formulary (Powered by Shield PBM)	Included
Virtual Urgent Care (Powered by Walmart Health)	Included

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- Covers preventive and wellness services at no cost including: Annual Wellness Exam, Immunizations, and STI Screenings.
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- Added coverage for x-rays & lab services.
- Enhanced Rx Program featuring deeply discounted medications. (Powered by Shield PBM, see additional plan features)
- Acute Drug Formulary includes 37 medications (Powered by Shield PBM, see additional plan features)
- Included 24/7 Virtual Urgent Care. (Powered by Walmart Health, see additional plan features)
- Need a ride to the doc? Rideshare benefit included!

### PRICING

Employee Only

Employee +Child(ren)

Employee + Spouse

Employee + Family

\$87.00

\$159.80

\$174.20

\$227.50

# PREFERRED PLAN BENEFIT SPECIFICATION

Plan Features	Network Care	Out-Of-Network Care
Primary Care Physician Selection	Not required	Not applicable
Deductible (per plan year)	\$0 Individual \$0 Family	Not applicable
Member Coinsurance (applies to all expenses unless otherwise stated)	0%	Not applicable
Medical Out-of-Pocket (OOP) Maximum (per plan year, includes deductible)	\$725 Individual \$1,450 Family	Not applicable
Pharmacy Out-of-Pocket (OOP) Maximum	\$5,000 Individual \$10,000 Family	Not applicable
All covered expenses accumulate separately toward the network and out-of-network OOP limit. Pharmacy co-payment expenses apply towards the OOP limit. Only those OOP expenses resulting from the application of coinsurance percentage, deductibles, and co-pays may be used to satisfy the OOP maximum. Once the family payment limit is met, all family members will be considered as having met their payment limit for the remainder of the plan year.		
Payment for Out-of-Network Care	Not applicable	Not applicable
Referral Requirement	Not required	Not applicable
Physician Services	Network Care	Out-Of-Network Care
Virtual Urgent Care Powered by Walmart Health	Included	Not applicable
Office Visits to Non-Specialist Limit of 10 utilizations** combined with non-specialists, specialists, and urgent care.	\$25 co-payment	Not applicable
Includes services of an internist, general physician, family practitioner or pediatrician for diagnosis and treatment of an illness or injury.		
Specialist Office Visits Limit of 10 utilizations** combined with non-specialists, specialists, and urgent care	\$35 co-payment	Not applicable
Prenatal Maternity and Post-Partum Care (office visit)	\$25 co-payment	Not applicable
Mental Health & Alcohol/Drug Abuse Services (office visit) Limit of 10 utilizations** combined with non-specialists, specialists, and urgent care	\$25 co-payment	Not applicable
Maternity - Delivery	Not covered	Not applicable
Preventive Care	Network Care	Out-Of-Network Care
Preventive care services are covered in accordance with Health Care Reform. Services subject to change as guidelines are revised.		
Routine Adult Physical Exams and Immunizations Includes routine tests and related lab fees. Limited to 1 exam every 12 months.	Included	Not applicable
Well Child Exams and Immunizations Limited to 1 exam every 12 months. Immunizations will be subject to age and developmentally appropriate frequency limitations determined by ACIP.	Included	Not applicable
Routine Gynecological Exams Includes routine tests and related lab fees. Limited to 1 exam every 12 months.	Included	Not applicable
Routine Mammograms For covered females age 40 and over. Limited to 1 exam every 12 months. Complex imaging not covered.	Included	Not applicable
Women's Health Includes: Screening for gestational diabetes, HPV, counseling for sexually transmitted infections, counseling and screening for HIV, screening and counseling for interpersonal and domestic violence, breastfeeding support, supplies, and counseling. Contraceptive methods, patient education and counseling. Limitations may apply.	Included	Not applicable
Colorectal Cancer Screening For all members age 45 and over. Limited to 1 exam every 12 months.	Included	Not applicable
Routine Eye Exams (Refraction) For covered children age 3 to 5. Coverage is limited to 1 exam every 12 months.	Included	Not applicable
Voluntary Sterilization - Tubal Ligation Covered as a preventive care service in accordance with Health Care Reform.	Included	Not applicable
COVID-19 Testing Swab only. Limited to 1 exam every 12 months.	Included	Not applicable



## PREFERRED PLAN BENEFIT SPECIFICATION

continued

Diagnostic Procedures	Network Care	Out-Of-Network Care
Outpatient Diagnostic Laboratory Limit 2 utilizations** per member per year combined with laboratory and x-ray.	\$75 co-payment	Not applicable
Outpatient Diagnostic X-ray Limit 2 utilizations** per member per year combined with laboratory and x-ray (except for complex imaging services)	\$75 co-payment	Not applicable
Outpatient Diagnostic X-ray for Complex Imaging Services Limit 1 utilization** per member per year. (Including, but not limited to, MRI, MRA, PET, and CT Scans)	\$75 co-payment	Not applicable
Emergency Medical Care	Network Care	Out-Of-Network Care
Urgent Care Provider Limit of 8 utilizations** combined with non-specialists, specialists, and urgent care.	\$50 co-payment	Not covered
Emergency Room	Not covered	Not applicable
Emergency Ambulance	Not covered	Not applicable
Non-Emergency Ambulance	Not covered	Not applicable
Other Services and Plan Details	Network Care	Out-Of-Network Care
Hospital Care	Not covered	Not applicable
Mental Health and Alcohol/Drug Abuse Services (other than office visit)	Not covered	Not applicable
Skilled Nursing Facility	Not covered	Not applicable
Therapy and Rehabilitation Services	Not covered	Not applicable
Durable Medical Equipment	Not covered	Not applicable
Mouth, Jaws, and Teeth Oral surgery procedures, medical in nature	Not covered	Not applicable
Family Planning	Not covered	Not applicable
Pharmacy – Prescription Drug and Discount Benefits	Powered by Shield PBM Access & Discounts Available	
	Retail (Up to a 30-day supply)	
Preventative Drugs	Included	
Generic Drugs	Discounts Available	
Preferred Brand Drugs	Discounts Available	
Non-Preferred Brand Drugs	Discounts Available	
Specialty Drugs (Up to a 30-day supply) Includes self-injectable, infused and oral specialty drugs, excludes insulin	International & prescription assistance options - call customer care for additional information	
	Mail Order Delivery (for your refills for up to a 31-90 day supply)	
Generic Drugs	Discounts Available	
Preferred Brand Drugs	Discounts Available	
Non-Preferred Brand Drugs	Discounts Available	

While this information is believed to be accurate as of the print date, it is subject to change. To receive full and up to date policy descriptions, please visit [breckpoint.linked.exchange](#) to log into our member portal. \*\*Utilization is the use of services by persons for the purpose of preventing and curing health problems, promoting maintenance of health and well-being, or obtaining information about one's health status and prognosis. Examples of Utilization are the number of office visits a person makes per year, the number of prescription drugs taken, or the number of testing a person receives by a provider.

Claims Portal: To register and view your claims status please go to [portal.breckpoint.com](#)

**Pharmacy Plan includes:** Contraceptive drugs and devices obtainable from a pharmacy. Formulary generic FDA-approved women's contraceptives covered 100% in network. Not all drugs are covered.

**What's Not Covered:** This plan does not cover all health care expenses and includes exclusions and limitations. Members should refer to their plan documents to determine which health care services are covered and to what extent. The following is a partial list of services and supplies that are generally not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

All medical or hospital services not specifically covered in, or which are limited or excluded in the plan documents; Charges related to any eye surgery mainly to correct refractive errors; cosmetic surgery, including breast reduction; custodial care; dental care and x-rays; donor egg retrieval; experimental and investigational procedures; hearing aids; immunizations for travel or work; infertility services, including, but not limited to, artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents; nonmedically necessary services or supplies; orthotics;

over-the-counter medications and supplies; reversal of sterilization; services for the treatment of sexual dysfunction or inadequacies, including therapy, supplies, or counseling; and special duty nursing. Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including morbid obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

This material is for informational purposes only and is neither an offer of coverage nor medical advice. It contains only a partial, general description of plan benefits or programs and does not constitute a contract. This material does not provide health care services and, therefore, cannot guarantee results or outcomes. Consult the plan documents to determine governing contractual provisions, including procedures, exclusions and limitations relating to the plan. They may also be subject to precertification or step-therapy. Non-prescription drugs and drugs in the Limitations and Exclusions section of the plan documents (received after open enrollment) are not covered, and medical exceptions are not available for them.

INCLUDED BENEFIT

**INCLUDED IN THE PREFERRED**  
**PLAN ONLY**



**breckpoint**<sup>®</sup>  
LEAD TOGETHER

# DIRECT VIRTUAL PRIMARY CARE

powered by **Walmart Health**  
**Virtual Care**

Walmart Health delivers an industry-leading virtual health solution that goes well beyond traditional virtual care. Employees have access 24/7 to Walmart Health's highly qualified, licensed healthcare providers by phone, mobile app or computer to experience immediate and lasting benefits.

Walmart Health uses healthcare providers nationwide who are qualified to diagnose and treat a wide range of medical conditions.

## VIRTUAL PRIMARY CARE

\* Available for children dependents ages 16-26. No age limit for spouse/domestic partner

- Appointments within 24 hours
- Dedicated Care Navigation team
- Intelligent referrals
- Prescription Discounts
- Wellness Exams

## URGENT CARE

\* Any age can use this service

- Acute & Episodic Events
- Allergies/Itchy Eyes
- Fever
- Nausea/Vomiting
- Nasal congestion
- Cough/flu
- And more!

## BEHAVIORAL HEALTH

\* Adult therapy (18+), teen therapy (10-17); Some geography maybe limited. 5 visits per month per family enrolled

- Anxiety
- Bipolar
- Depression
- Grief/Loss
- Addiction
- Panic Attacks
- Eating Disorders
- And More!

## GET MEDICAL CARE DAY OR NIGHT

**1**

### SIGN IN TO WALMART HEALTH

Access your Walmart Health account by downloading the app and entering your plan code:

**Visit:** [www.MeMD.me/app-store](http://www.MeMD.me/app-store) **EE Plan Code:** TPMHJV2G **Family Plan Code:** JHL3X73C

OR by visiting your Walmart Health website: [www.MeMD.me/group/breckpoint](http://www.MeMD.me/group/breckpoint)

**2**

### REQUEST AN EXAM

For non-emergency health issues, you can request an exam using your phone, tablet, or computer.

**3**

### SPEAK WITH A PROVIDER AND GET TREATMENT

Your Walmart Health provider will review your chart, ask questions, and recommend a treatment plan.

[www.memd.me](http://www.memd.me)

# MVP COMPLIANCE PLAN

## THIS PLAN INCLUDES:

Network	AXA Open Access
Out of Network Coverage	N/A
Individual Medical Deductible/Out-of-Pocket Limit	\$8,700/\$8,700
Family Medical Deductible/Out-of-Pocket Limit	\$17,400/\$17,400
Individual/Family Pharmacy Out-of-Pocket Limit	\$5,000/\$10,000
Preventive & Wellness Covered with no out-of-pocket expenses.	100%
Primary Care Visit	100% MAC* After Deductible  <i>*Subject to the maximum charge allowed ("MAC" or "Allowable Amount")</i>
Specialist	
Urgent Care Visit	
Maternity Pre/Post Natal Office Visit	
Mental/Behavioral Health Office Visit	
X-Ray & Labs	
Emergency Room	
Emergency Transport	
Inpatient Services	
Outpatient Services	
Hospital Admission	
Rx Prescription Discount (Powered by Shield PBM)	Included
Virtual Urgent Care (Powered by Walmart Health)	Included

## PLAN HIGHLIGHTS

- Covers preventive and wellness services at no cost including: Annual Wellness Exam, Immunizations, and STI Screenings.
- This plan has an Open Network provided by AXA Assistance USA. Choose your own provider without the limitations of Network Restrictions.**
- No waiting periods.
- No co-pays with 24/7 Virtual Care (Powered by Walmart Health, see additional plan features)
- Rx Benefits Included (Powered by Shield PBM, see additional plan features)
- Provides major medical coverage. Please contact our Member Service Department for additional details.

### PRICING

Employee Only

Employee +Child(ren)

Employee + Spouse

Employee + Family

\$525.00\*

\$1,050.00\*

Not Offered

Not Offered

\*Rate is subject to underwriting. A Healthcare Questionnaire must be submitted for review. Please call customer service before enrolling in this plan.

# MVP COMPLIANCE PLAN

## BENEFIT SPECIFICATION

Plan Features	Network Care	Out-Of-Network Care
Deductible (per plan year)	\$8,700 Individual \$17,400 Family	Not applicable
As indicated in the plan, member cost sharing for certain services are excluded from the charges to meet the deductible. Once the family deductible is met, all family members will be considered as having met their deductible for the remainder of the plan year.		
Member Coinsurance (applies to all expenses unless otherwise stated)	0%	Not applicable
Out-of-Pocket (OOP) Maximum (per plan year, includes deductible)	\$8,700 Individual \$17,400 Family	Not applicable
All covered expenses accumulate separately toward the network and out-of-network OOP limit. Pharmacy co-payment expenses apply towards the OOP limit. Only those OOP expenses resulting from the application of coinsurance percentage, deductibles, and co-pays may be used to satisfy the OOP maximum. Once the family payment limit is met, all family members will be considered as having met their payment limit for the remainder of the plan year.		
Payment for Out-of-Network Care	Not applicable	Not applicable
Referral Requirement	Not required	Required for Hospital & Diagnostic Imaging
Physician Services	Network Care	Out-Of-Network Care
Virtual Urgent Care Powered by Walmart Health	Included	Not applicable
Office Visits to Non-Specialist	100% of MAC after deductible*	Not applicable
Specialist Office Visits	100% of MAC after deductible*	Not applicable
Prenatal Maternity and Post-Partum Care (Office Visit)	100% of MAC after deductible*	Not applicable
Mental Health & Alcohol/Drug Abuse Services (Office Visit)	100% of MAC after deductible*	Not applicable
Maternity - Delivery	100% of MAC after deductible*	Not applicable
Preventive Care	Network Care	Out-Of-Network Care
Preventive care services are covered in accordance with Health Care Reform. Services subject to change as guidelines are revised.		
<b>Routine Adult Physical Exams and Immunizations</b> Includes routine tests and related lab fees. Limited to 1 exam every 12 months.	Included	Not applicable
<b>Well Child Exams and Immunizations</b> Limited to 1 exam every 12 months. Immunizations will be subject to age and developmentally appropriate frequency limitations determined by ACIP.	Included	Not applicable
<b>Routine Gynecological Exams</b> Includes routine tests and related lab fees. Limited to 1 exam every 12 months.	Included	Not applicable
<b>Routine Mammograms</b> For covered females age 40 and over. Limited to 1 exam every 12 months. Complex imaging not covered.	Included	Not applicable
<b>Women's Health</b> Includes: Screening for gestational diabetes, HPV, counseling for sexually transmitted infections, counseling and screening for HIV, screening and counseling for interpersonal and domestic violence, breastfeeding support, supplies, and counseling. Contraceptive methods, patient education and counseling. Limitations may apply.	Included	Not applicable
<b>Colorectal Cancer Screening</b> For all members age 45 and over. Limited to 1 exam every 12 months.	Included	Not applicable
<b>Routine Eye Exams (Refraction)</b> For covered children age 3 to 5. Coverage is limited to 1 exam every 12 months.	Included	Not applicable
<b>Voluntary Sterilization - Tubal Ligation</b> Covered as a preventive care service in accordance with Health Care Reform.	Included	Not applicable
<b>COVID-19 Testing</b> Swab only. Limited to 1 exam every 12 months.	Included	Not applicable

# MVP COMPLIANCE PLAN BENEFIT SPECIFICATION

continued

Non-Hospital Based Diagnostic Procedures	Network Care	Out-Of-Network Care
Outpatient Diagnostic Laboratory	100% of MAC after deductible*	Not applicable
Outpatient Diagnostic X-ray (except for complex imaging services)	100% of MAC after deductible*	Not applicable
Outpatient Diagnostic X-ray for Complex Imaging Services (Including, but not limited to, MRI, MRA, PET, and CT Scans)	100% of MAC after deductible*	Not applicable
Hospital Based Diagnostic Procedures	Network Care	Out-Of-Network Care
Diagnostic Laboratory	100% of MAC after deductible*	Not applicable
Diagnostic X-ray (except for complex imaging services)	100% of MAC after deductible*	Not applicable
Diagnostic X-ray for Complex Imaging Services (Including, but not limited to, MRI, MRA, PET, and CT Scans)	100% of MAC after deductible*	Not applicable
Emergency Medical Care	Network Care	Out-Of-Network Care
Urgent Care Provider	100% of MAC after deductible*	Not applicable
Emergency Room	100% of MAC after deductible*	Not applicable
Emergency Ambulance	100% of MAC after deductible*	Not applicable
Non-Emergency Ambulance	Not covered	Not applicable
Other Services and Plan Details	Network Care	Out-Of-Network Care
Hospital Care	100% of MAC after deductible*	Not applicable
Mental Health and Alcohol/Drug Abuse Services (other than office visit)	100% of MAC after deductible*	Not applicable
Skilled Nursing Facility Coverage is limited to 120 days per plan year	100% of MAC after deductible*	Not applicable
Therapy and Rehabilitation Services	100% of MAC after deductible*	Not applicable
Durable Medical Equipment	100% of MAC after deductible*	Not applicable
Mouth, Jaws, and Teeth Oral surgery procedures, medical in nature	100% of MAC after deductible*	Not applicable
Family Planning Covered only for the diagnosis and treatment of the underlying medical condition.	100% of MAC after deductible*	Not applicable
Pharmacy – Prescription Drug and Discount Benefits Powered by Shield PBM	Network Care	Out-Of-Network Care
Retail (Up to a 30-day supply)		
Generic Drugs	100% of MAC after deductible*	Not applicable
Preferred Brand Drugs	100% of MAC after deductible*	Not applicable
Non-Preferred Brand Drugs	100% of MAC after deductible*	Not applicable
Specialty Drugs (up to a 30 day supply) includes self-injectable, infused and oral specialty drugs, excludes insulin)	100% of MAC after deductible*	Not applicable
Mail Order Delivery (for your refills for up to a 31-90 day supply)		
Generic Drugs	100% of MAC after deductible*	Not applicable
Preferred Brand Drugs	100% of MAC after deductible*	Not applicable
Non-Preferred Brand Drugs	100% of MAC after deductible*	Not applicable

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**\*MAC or Allowable Amount:** Subject to Reference Based Pricing; member may be balance billed if provider does not accept 150% of Medicare allowable payment. This benefit utilizes open access with no network restrictions. MAC or Allowable Amount is used interchangeably to refer to the maximum charge allowed for all provider services. Please keep in mind that providers are not required to accept the Plan's Allowable Amount as payment in full and may balance bill you for the difference between the Plan's Allowable Amount and the provider's billed charges. You will be responsible for this balance bill amount, which may be considerable. You will also be responsible for charges for services, supplies, and procedures limited or excluded under the Plan, as well as any applicable deductibles, coinsurance, and/or co-payment amounts.

**Disclaimer:** This plan does not cover all health care expenses and includes exclusions and limitations. Members should refer to their plan documents to determine which health care services are covered and to what extent. This material is for informational purposes only and is neither an offer of coverage nor medical advice. It contains only a partial, general description of plan benefits or programs and does not constitute a contract. This material does not provide health care services and, therefore, cannot guarantee results or outcomes. Consult the plan documents to determine governing contractual provisions, including procedures, exclusions and limitations relating to the plan. They may also be subject to precertification or step-therapy. Non-prescription drugs and drugs in the Limitations and Exclusions section of the plan documents (received after open enrollment) are not covered, and medical exceptions are not available for them.





## DENTAL + VISION REIMBURSEMENT PLAN

Dental+Vision is a direct reimbursement combination plan that pays for dental and vision expenses. With no waiting period, the tiered reimbursement structure begins at the first dollar and allows you to maximize your potential benefits. Choose to go to any dentist or vision specialist and receive any medically necessary procedure.

### BENEFIT INFORMATION

Network	Not applicable
Max Benefit Reimbursement	\$1,000
Waiting Period	No waiting period
PROCEDURE COST	REIMBURSEMENT
UP TO \$150.00	100%
\$150.01 - \$250.00	75%
\$250.01 - \$1,800.00	50%
\$1,800.01 - up	0%

Benefits for Dental and Vision are combined.

\*Benefit is based on an aggregate total of accumulated expenses per Covered Person during the calendar year.

### DENTAL BENEFITS

### PLAN PAYS

#### Dental Class I - Preventive & Diagnostic Care

- Oral Exams
- Routine Cleanings
- Full Mouth X-rays
- Bitewing X-Ray
- Panoramic X-ray
- Fluoride Application
- Sealants
- Histopathologic Exams

At Current Reimbursement Level

#### Dental Class II - Basic Restorative Care

- Fillings
- Periapical X-rays
- Anesthetics
- Space Maintainers
- Emergency Care to Relieve Pain
- Root Canal Therapy/Endodontics
- Periodontal Scaling and Root Planing
- Oral Surgery – Simple Extractions
- Oral Surgery – all except simple Extractions
- Surgical Extractions of Impacted Teeth

At Current Reimbursement Level

#### Dental Class III - Major Restorative Care

- Crowns
- Dentures
- Bridges
- Inlays/Onlays
- Prosthesis Over Implant
- Repairs to Bridges, Crowns and Inlays
- Denture Adjustments and Repairs

At Current Reimbursement Level

#### Dental Class IV-Orthodontia (dependents under 19)

\$500 Lifetime Maximum of Covered Charges

### VISION BENEFITS

### PLAN PAYS

- Routine Examination Services
- Lenses – including, single, bifocal or trifocal
- Contact Lens
- Frames

At Current Reimbursement Level

### PRICING

Employee Only

Employee +Child(ren)

Employee + Spouse

Employee + Family

\$26.00

\$35.70

\$39.30

\$49.00

# DENTAL + VISION REIMBURSEMENT PLAN SPECIFICATIONS

Dental Procedure	Limitations	Dental Procedure	Limitations
Exams	Two per calendar year	Prophylaxi (cleanings)	Two per calendar year
Fluoride	1 per calendar year for people under 20	Sealants	One treatment per tooth every three years up to age 14
x-Rays (routine)	Bitewings: 2 per calendar year	X-Rays (non-routine)	Full mouth: 1 every 36 consecutive months., Panorex: 1 every 36 consecutive months
Crowns & Inlays	Replacement every 5 years	Bridges	Replacement every 5 years
Dentures & Partial	Replacement every 5 years	Surgeries (ALL)	Limited to removal of teeth, preparation of the mouth for dentures and removal of tooth-generated cysts.
Relines, Rebases	Covered if more than 6 months after installation	Adjustments	Covered if more than 6 months after installation
Repairs - Bridges	Reviewed if more than once	Repairs - Dentures	Reviewed if more than once
Prosthesis Over Implant	1 per 60 consecutive months if unserviceable and cannot be repaired. Benefits are based on the amount payable for non-precious metals. No porcelain or white/tooth colored material on molar crowns or bridges	Missing Tooth Limitation	Teeth missing prior to coverage under the Dental Plan are not covered. Pretreatment review is available on a voluntary basis when extensive dental work in excess of \$200 is proposed.
Space Maintainers	Limited to non-orthodontic treatment		
Vision Procedure	Limitations	Vision Procedure	Limitations
Complete Eye Exam	One per calendar year	Frames	One frame every two calendar years.
Frame-type Lenses	One per calendar year	Contact Lens	One per calendar year

## Dental + Vision Benefit Exclusions:

- Care, treatment or supplies for which a charge was incurred before a person was covered under this Plan.
- Services that are deemed to be medical services.
- Services and supplies received from a hospital.
- Charges which the person is not legally required to pay.
- Charges made by a hospital which performs services for the U.S. Government if the charges are directly related to a condition connected to a military service.
- Experimental or investigational procedures and treatments.
- Any injury resulting from, or in the course of, any employment for wage or profit.
- Any sickness covered under any workers' compensation or similar law.
- Charges in excess of the reasonable and customary allowances.
- To the extent that payment is unlawful where the person resides when the expenses are incurred;
- For charges which would not have been made if the person had no insurance;
- For charges for unnecessary care, treatment or surgery;
- To the extent that you or any of your Dependents is in any way paid or entitled to payment for those expenses by or through a public program, other than Medicaid;
- To the extent that benefits are paid or payable for those expenses under the mandatory part of any auto insurance policy written to comply with a "no-fault" insurance law or an uninsured motorist insurance law.
- In addition, these benefits will be reduced so that the total payment will not be more than 100% of the charge made for the Dental Service if benefits are provided for that service under this plan and any medical expense plan or prepaid treatment program sponsored or made available by your Employer.

## Dental Specific Benefit Exclusions:

- Services performed primarily for cosmetic reasons.
- Replacement of a lost or stolen appliance.
- Replacement of a bridge or denture within five years following the date of its original installation.
- Replacement of a bridge or denture which can be made useable according to accepted dental standards.
- Procedures, appliances or restorations, other than full dentures, whose main purpose is to change vertical dimension, diagnose or treat conditions of TMJ, stabilize periodontally involved teeth, or restore occlusion.
- Veneers of porcelain or acrylic materials on crowns or pontics on or replacing the upper and lower first, second and third molars.
- Bite registrations; precision or semi-precision attachments; splinting.
- Instruction for plaque control, oral hygiene and diet.
- Dental services that do not meet common dental standards.
- Procedures performed by a Dentist who is a member of the covered person's family (covered person's family is limited to a spouse, siblings, parents, children, grandparents, and the spouse's siblings and parents)

## Vision Specific Benefit Exclusions:

- Artificial eyes, if medically necessary, are covered under the Medical Plan.
- Charges for orthoptics (eye muscle exercises) vision training or surgical treatment of the eye.
- Charges for Radial keratotomy or other eye surgery for improvement of visual acuity or refractive disorders. Also, routine eye examinations, including refractions, lenses for the eyes and exams for their fitting.

This benefit summary highlights some of the benefits available under Plan Document and Summary Plan Description.



## DENTAL PRO PLAN

Dental Pro provides affordable dental services through doctors in the DenteMax network. You will have access to covered preventative procedures at no charge. No waiting period applies before benefits can be used. Deductible waived for preventive services.

	IN-NETWORK	OUT-OF-NETWORK
Network	DenteMax	Not Covered
Individual / Family Annual Deductible	\$50/\$150	
Preventive/Diagnostic (x-rays, cleanings, etc.)	100%	
Basic Restorative (fillings, root canals, etc.)	80% (after deductible)	
Major Restorative (crowns, bridges, etc.)	50% (after deductible)	
Orthodontia (dependents under age 19)	50% (after deductible)	
Orthodontia Lifetime Max	\$1,000	
Max Benefit Paid / Calendar Year (dental & orthodontia)	\$1,500	
Reimbursement Level	Based on reduced contracted fees	
Waiting Period	No waiting period	

BENEFITS	IN-NETWORK		OUT-OF-NETWORK
	PLAN PAYS	YOU PAY	
<b>Class I - Preventive &amp; Diagnostic Care</b> <ul style="list-style-type: none"> <li>Oral Exams</li> <li>Routine Cleanings</li> <li>Full Mouth X-rays</li> <li>Bitewing X-Ray</li> <li>Panoramic X-ray</li> <li>Fluoride Application</li> <li>Sealants</li> <li>Histopathologic Exams</li> </ul>	100%	No charge	<b>PLAN PAYS</b> Not covered  <b>YOU PAY</b> 100% of billed charges
<b>Class II - Basic Restorative Care</b> <ul style="list-style-type: none"> <li>Fillings</li> <li>Emergency Care to Relieve Pain</li> <li>Root Canal Therapy/Endodontics</li> <li>Periapical X-rays</li> <li>Periodontal Scaling and Root Planing</li> <li>Oral Surgery – Simple Extractions</li> <li>Oral Surgery – all except simple Extractions</li> <li>Anesthetics</li> <li>Space Maintainers</li> <li>Surgical Extractions of Impacted Teeth</li> </ul>	80% (deductible applies)	20% (deductible applies)	<b>PLAN PAYS</b> Not covered  <b>YOU PAY</b> 100% of billed charges
<b>Class III - Major Restorative Care</b> <ul style="list-style-type: none"> <li>Crowns</li> <li>Dentures</li> <li>Bridges</li> <li>Inlays/Onlays</li> <li>Prosthesis Over Implant</li> <li>Repairs to Bridges, Crowns and Inlays</li> <li>Denture Adjustments and Repairs</li> </ul>	50% (deductible applies)	50% (deductible applies)	<b>PLAN PAYS</b> Not covered  <b>YOU PAY</b> 100% of billed charges
<b>Class IV – Orthodontia</b> Lifetime Maximum	50% (deductible applies) \$1,000 dependent children to age 19	50% (deductible applies)	<b>PLAN PAYS</b> Not covered  <b>YOU PAY</b> 100% of billed charges

PRICING	Employee Only	Employee +Child(ren)	Employee + Spouse	Employee + Family
	\$38.00	\$57.30	\$65.70	\$85.00

# DENTAL PRO PLAN SPECIFICATIONS

Dental Procedure	Limitations	Dental Procedure	Limitations
<b>Exams</b>	Two per calendar year	<b>Fluoride</b>	1 per calendar year for people under 20
<b>Prophylaxis</b> (cleanings)	Two per calendar year	<b>X-Rays</b> (routine)	Bitewings: 2 per calendar year
<b>X-Rays</b> (non-routine)	Full mouth: 1 every 36 consecutive months., Panorex: 1 every 36 consecutive months	<b>Relines, Rebases, Adjustments</b>	Covered if more than 6 months after installation
<b>Surgeries</b> (ALL)	Limited to removal of teeth, preparation of the mouth for dentures and removal of tooth-generated cysts.	<b>Repairs - Bridges &amp; Dentures</b>	Reviewed if more than once
<b>Crowns and Inlays</b>	Replacement every 5 years	<b>Space Maintainers</b>	Limited to non-orthodontic treatment
<b>Dentures and Partial</b>	Replacement every 5 years	<b>Bridges</b>	Replacement every 5 years
<b>Prosthesis Over Implant</b>	1 per 60 consecutive months if unserviceable and cannot be repaired. Benefits are based on the amount payable for non-precious metals. No porcelain or white/tooth colored material on molar crowns or bridges.	<b>Sealants</b>	One treatment per tooth every 3 years up to age 14
		<b>Missing Tooth Limitation</b>	Teeth missing prior to coverage under the Dental plan are not covered. Pretreatment review is available on a voluntary basis when extensive dental work in excess of \$200 is proposed.

## Dental Pro Benefit Exclusions:

- Care, treatment or supplies for which a charge was incurred before a person was covered under this Plan.
- Services performed primarily for cosmetic reasons.
- Replacement of a lost or stolen appliance.
- Replacement of a bridge or denture within five years following the date of its original installation.
- Replacement of a bridge or denture which can be made useable according to accepted dental standards.
- Procedures, appliances or restorations, other than full dentures, whose main purpose is to change vertical dimension, diagnose or treat conditions of TMJ, stabilize periodontally involved teeth, or restore occlusion.
- Veneers of porcelain or acrylic materials on crowns or pontics on or replacing the upper and lower first, second and third molars.
- Bite registrations; precision or semi-precision attachments; splinting.
- Instruction for plaque control, oral hygiene and diet.
- Dental services that do not meet common dental standards.
- Services that are deemed to be medical services.
- Services and supplies received from a hospital.
- Charges which the person is not legally required to pay.
- Charges made by a hospital which performs services for the U.S. Government if the charges are directly related to a condition connected to a military service.
- Experimental or investigational procedures and treatments
- Any injury resulting from, or in the course of, any employment for wage or profit.
- Any sickness covered under any workers' compensation or similar law.
- Charges in excess of the reasonable and customary allowances.
- To the extent that payment is unlawful where the person resides when the expenses are incurred;
- Procedures performed by a Dentist who is a member of the covered person's family (covered person's family is limited to a spouse, siblings, parents, children, grandparents, and the spouse's siblings and parents);
- For charges which would not have been made if the person had no insurance;
- For charges for unnecessary care, treatment or surgery;
- To the extent that you or any of your Dependents is in any way paid or entitled to payment for those expenses by or through a public program, other than Medicaid;
- To the extent that benefits are paid or payable for those expenses under the mandatory part of any auto insurance policy written to comply with a "no-fault" insurance law or an uninsured motorist insurance law.
- In addition, these benefits will be reduced so that the total payment will not be more than 100% of the charge made for the Dental Service if benefits are provided for that service under this plan and any medical expense plan or prepaid treatment program sponsored or made available by your Employer.

This benefit summary highlights some of the benefits available under Plan Document and Summary Plan Description.

**breckpoint**  
LEAD TOGETHER

# DIRECT VIRTUAL URGENT CARE

powered by **Walmart Health  
Virtual Care**

Sickness doesn't sleep. Get the care you need, when you need it, at no cost to you! With on-demand exams from Walmart Health, you, your spouse, and children can be treated 24/7 for routine health issues like:

- Cold, flu, sore throats, sinus infections
- Allergies, itchy eyes, pink eye
- Nausea, vomiting, diarrhea
- UTIs, abdominal pain
- Skin infections, rashes
- Travel Medications
- Short-term prescription refills
- General advice and consultation

*Our medical team includes MDs, DOs, NPs & PAs (US-licensed, board-certified medical providers) who average over 16 years of experience. They can give you a personalized treatment plan and send prescriptions right to your pharmacy.*

## GET MEDICAL CARE DAY OR NIGHT

**1**

### **SIGN IN TO WALMART HEALTH**

Access your Walmart Health account by downloading the app and entering your plan code:

**Visit:** [www.MeMD.me/app-store](http://www.MeMD.me/app-store) **Plan Code:** MQ967N4T

OR by visiting your Walmart Health website: [www.MeMD.me/group/breckpoint](http://www.MeMD.me/group/breckpoint)

**2**

### **REQUEST AN EXAM**

For non-emergency health issues, you can request an exam using your phone, tablet, or computer.

**3**

### **SPEAK WITH A PROVIDER AND GET TREATMENT**

Your Walmart Health provider will review your chart, ask questions, and recommend a treatment plan.

**855.636.3669**[www.memd.me/chat](http://www.memd.me/chat)



# ENHANCED RX PRESCRIPTION MEMBERSHIP

with Acute Drug Formulary

powered by **SHIELD** PBM

## THE EASIEST WAY TO SAVE ON YOUR MEDICATIONS

Enhanced Rx provides access to a full PBM discount network and additional access to savings online and through concierge service. Discount can also be used at the local pharmacy and include 95 ACA medications and 37 commonly prescribed medications included at no cost!

Visit [Breckpointrx.com](https://breckpointrx.com) to get started!

### 1. PAY BEFORE YOU GO



- Save up to 25% more BEFORE going to the pharmacy by pre-paying at [breckpointrx.com](https://breckpointrx.com).

### 2. MAIL ORDER



- Secure home delivery options online with up to 50% savings and enjoy auto-refill.

### 3. PRESENT YOUR RX CARD



- At any retail pharmacy and out of pocket cost is deeply discounted.

## NO COST ACUTE DRUG FORMULARY COVERS DRUGS LIKE

- Amoxicillin
- Atrovastatin
- Azithromycin (Z-pack)
- Bupropion
- Cholecalciferol
- Ciprofloxacin
- Hydrocortisone
- Junel
- Lovastatin
- Meclizine
- Naproxen
- Nonoxynol
- Prednisone
- Tamoxifen
- Tessalon
- Violele
- and much more!

# ENROLLMENT FORM



**A. REQUIRED EMPLOYEE INFORMATION** Complete the Enrollment Form and return to your Human Resources Department.

Name:		Phone:	
Social Security #:	Date of Birth:	Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female	
Address:		Apt. #:	
City:	State:	Zip:	
Hire Date:		Employee ID:	

**B. MEDICAL BENEFIT PLAN SELECTION** Payroll Deducted Rates - Please select the tier for each product in which you wish to enroll.

<input type="checkbox"/> MEC PLAN	COST	<input type="checkbox"/> PRO PLAN	COST	<input type="checkbox"/> PREFERRED PLAN	COST
<input type="checkbox"/> Employee Only	\$61.00	<input type="checkbox"/> Employee Only	\$67.00	<input type="checkbox"/> Employee Only	\$87.00
<input type="checkbox"/> Employee + Child(ren)	\$90.30	<input type="checkbox"/> Employee + Child(ren)	\$109.10	<input type="checkbox"/> Employee + Child(ren)	\$159.80
<input type="checkbox"/> Employee + Spouse	\$92.70	<input type="checkbox"/> Employee + Spouse	\$117.90	<input type="checkbox"/> Employee + Spouse	\$174.20
<input type="checkbox"/> Employee + Family	\$122.00	<input type="checkbox"/> Employee + Family	\$160.00	<input type="checkbox"/> Employee + Family	\$227.50

<input type="checkbox"/> DENTAL + VISION	COST	<input type="checkbox"/> DENTAL PRO PLAN	COST
<input type="checkbox"/> Employee Only	\$26.00	<input type="checkbox"/> Employee Only	\$38.00
<input type="checkbox"/> Employee + Child(ren)	\$35.70	<input type="checkbox"/> Employee + Child(ren)	\$57.30
<input type="checkbox"/> Employee + Spouse	\$39.30	<input type="checkbox"/> Employee + Spouse	\$65.70
<input type="checkbox"/> Employee + Family	\$49.00	<input type="checkbox"/> Employee + Family	\$85.00

COMPLIANCE MVP

Please call 1.844.300.6497 to enroll.

**C. REQUIRED DEPENDENT INFORMATION**

Name	Social Security #	Date of Birth	Sex	Relationship
			<input type="checkbox"/> M <input type="checkbox"/> F	<input type="checkbox"/> Spouse <input type="checkbox"/> Child <input type="checkbox"/> Domestic Partner
			<input type="checkbox"/> M <input type="checkbox"/> F	<input type="checkbox"/> Spouse <input type="checkbox"/> Child <input type="checkbox"/> Domestic Partner
			<input type="checkbox"/> M <input type="checkbox"/> F	<input type="checkbox"/> Spouse <input type="checkbox"/> Child <input type="checkbox"/> Domestic Partner
			<input type="checkbox"/> M <input type="checkbox"/> F	<input type="checkbox"/> Spouse <input type="checkbox"/> Child <input type="checkbox"/> Domestic Partner
			<input type="checkbox"/> M <input type="checkbox"/> F	<input type="checkbox"/> Spouse <input type="checkbox"/> Child <input type="checkbox"/> Domestic Partner

Any changes made to the Enrollment Form will require the changes to be dated and initialed by employee.

# ACKNOWLEDGEMENT & WAIVER FORM



**D. REQUIRED SIGNATURE** You MUST sign and date to be enrolled in coverage

Election of Coverage: I have read and understand the coverage options I have elected. I understand completion of this enrollment form in no way implies I will be accepted for coverage. I understand coverage will take effect only if this enrollment form is approved by the plan sponsor and the plan has been properly funded, provided I meet any eligibility or coverage effective date requirements listed in the plan documents.

☐ Accept coverage options as selected

Date:	Signature:
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**E. REQUIRED SIGNATURE** You MUST sign and date if you wish to decline coverage.

Waiver of Coverage: I, the undersigned employee, understand and acknowledge that: I have been offered an opportunity by my Employer to enroll in affordable employer-sponsored health coverage that meets the minimum value standard set forth in the Patient Protection and Affordable Care Act (ACA) for the applicable period:

- I will not qualify for government credits and subsidies to purchase individual health insurance on a state or federal marketplace or exchange
- I may not cover dependents under the Employer’s plan, and
- I may not be able to enroll in the Employer’s plan until the next open enrollment, except in a qualified change in status or other limited circumstances.

☐ Decline all coverage options

Date:	Signature:
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